

# ANGER MANAGEMENT SPECIALIST-I CERTIFICATION SEMINAR

TWO DAYS – Thursday & Friday, September 24 & 25, 2009

SEDONA, ARIZONA

**\*This Seminar is approved by the National Anger Management Association (NAMA).**

**The seminar fulfills the basic content and supervision requirements for (NAMA)  
Anger Management Specialist-I Certification ([www.namass.org](http://www.namass.org))**

Tuition \$599.00/person (includes lunch both days)

The seminar is an approved Anger Management Specialist-I certification training by the National Anger Management Association (NAMA). The seminar is open to those with a background in mental health, substance abuse, domestic violence, education, corrections, law enforcement, pastoral counseling, human resources, and those who need or desire to work with angry and hostile clients. Students in these fields may also be accepted.

The seminar fulfills ALL the NAMA requirements including (1) basic content and (2) supervision for the Specialist-I certification. Once you have completed this seminar you may apply directly for NAMA certification (\$100 application fee) Certification.

- LATEST CLINICAL RESEARCH AND TREATMENTS OF ANGER PROBLEMS
- RECENT ADVANCES IN CLASSICAL ANGER MANAGEMENT SKILLS, CONCEPTS, EXERCISES
- BRAIN STUDIES AND ANGER MANAGEMENT
- INTEGRAL AQAL APPROACH TO ANGER MANAGEMENT
- COGNITIVE BEHAVIORAL APPROACH AND DISTORTED THINKING
- MINDFULNESS AND ANGER MANAGEMENT
- LEARN SECRET OF EFFECTIVE OUTCOMES
- FOR ADULTS, ADOLESCENTS, CHILDREN, PARENTS, RELATIONSHIPS
- FOR GROUP OR INDIVIDUAL MODALITIES

INSTRUCTORS:

Rich Pfeiffer, MDiv., PhD, Distinguished Diplomate of NAMA, will facilitate the anger management basic content and supervision components for adults on both Thursday & Friday.

Anita Bohensky, PhD., Distinguished Diplomate of NAMA, will facilitate the basic content and supervision components for children/adolescents.

[Register Online at www.growthcentral.com](http://www.growthcentral.com)

Or

Call the Growth Central Office at 928-554-4690